

# Environment Insights

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**Here are some insights I have regarding one's environment: (1-4)**

**1). Good or bad, people tend to be the byproducts on their environments.** Some example include the following: (A-E)

A). When a kid lacks manners and misbehaves, in most cases, it's the parents' shortcomings for teaching and raising their kid(s) improperly.

B). You tend to be happy when you're around other people who are positive and happy whereas you're the opposite around those who are sad, depress and toxic.

C). You're successful because you had help from those who are already successful and/or could make you successful.

D). You drink and/or do drugs because of the people you hang out with.

E). You believe what others around you believe around you.

**2). In regards to people and their environments, you must consider the causes, effects and conditions that positively and negatively affects them in so many different ways** via lifestyle, income, education, opportunities, resources, status, mental health and so on.

**3). A positive environment** will be proper love, care, support, guidance, mindset, opportunities, resources, etc whereas a **negative environment** will have the lack of love, support, care, guidance, opportunities and resources not to mention poor lifestyle, negative mindset, harmful and destructive people and so on. In other words, the positive environment can build you up and the negative environment will keep you down or worse.

**4). As for nature and nurture,** I believe they're both important and should be considered. Genetically and inherently speaking, people do have various predispositions. However, one's exposure to certain things and their environment does play a huge role in their positive or negative thoughts, feelings and behaviors not to mention their status, lifestyle, potential or the lack thereof.

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